



TRAINING  
QUALITY  
STANDARD

# Essential Health & Safety Courses



The operating subsidiary of The Engineering Trust

[www.isistraining.co.uk](http://www.isistraining.co.uk)

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Isis Training Services Ltd operates an Equal Opportunities Policy and does everything possible to ensure that discrimination does not occur in any part of its process. We actively encourage application from all sections of the community and do our utmost to ensure all are treated fairly, regardless of gender, age, sexual orientation, race, ethnic origin, marital status, religion or disability.

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“ All Isis courses can be delivered on your site at a time convenient to you, or if preferred, at our own training facility ”



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## Introduction

Welcome to the Isis Training “Essential Health & Safety Course” brochure. For many years Isis has successfully delivered Health & Safety training to industry, colleges and schools.

This success has been achieved by listening to employers and meeting their needs with a range of training courses to compliment their Health & Safety Training.

All Isis courses can be delivered on your site at a time convenient to you, or if preferred, at our own training facility (subject to learner numbers and equipment availability).

Included are the most popular and scheduled courses which can be adapted to meet your specific needs if necessary. If the course you are looking for is not listed please do not hesitate to contact us and we will do our best to meet your needs.

For further information, course dates and costs **please contact us:** details below



## Manual Handling

Course Title:	Manual Handling	Duration: 1/2 Day
Description:	The Manual handling Operations Regulations (as amended 2002) establishes a clear hierarchy of measures for dealing with risks from manual handling. This course is designed for all staff involved in any manual handling activity.	
Course Aims:	By the end of the course attendees will have learnt to: <ul style="list-style-type: none"> <li>• Explain injuries caused by incorrect manual handling.</li> <li>• Be aware of the need to know what is being handled.</li> <li>• Complete manual handling tasks safely.</li> <li>• Avoid hazardous manual handling tasks as so far as reasonably practicable.</li> </ul>	
Learner Objectives:	<ul style="list-style-type: none"> <li>• The analysis of the process of manual handling in the work place.</li> <li>• To understand what injuries incorrect manual handling can cause.</li> <li>• Controlling and minimising risk.</li> <li>• What to know before lifting.</li> <li>• Responsibilities imposed by the regulations.</li> <li>• Duties of care to themselves and others when manual handling at work.</li> </ul>	
Course Material:	Course notes and HSE "Getting to Grips with Manual Handling" guide.	
Course Delivery:	At ISIS Training or on site.	
Learner Numbers:	On site, <b>minimum 5, maximum 15</b>	
Certificates:	Learners attending the course who can demonstrate a good understanding of the subject will be awarded a certificate of competence.	



## Abrasive Wheels

Course Title:	Abrasive Wheels	Duration: 1/2 Day
Description:	Abrasive Wheels are covered by the PUWER 1998 Regulations and by the HSE Guidance (HSG17 2000) Safety in the use of abrasive wheels. Requiring those using this type of equipment to receive training. This course is designed to give all relevant staff the knowledge to operate and change abrasive wheels in accordance with good practice.	
Course Aims:	By the end of the course attendees will have learnt to: <ul style="list-style-type: none"> <li>• Avoid hazardous abrasive wheel operations.</li> <li>• Identify the components and characteristics of an abrasive wheel.</li> <li>• Demonstrate the safe use of abrasive and grinding wheels.</li> <li>• Explain requirements under the Health and Safety at Work Act and other relevant legislation with regard to abrasive wheels.</li> </ul>	
Learner Objectives:	<ul style="list-style-type: none"> <li>• How to operate abrasive and grinding wheels safely.</li> <li>• Responsibilities as imposed by regulations governing the use of abrasive wheels.</li> <li>• The functions of various types of abrasive wheel.</li> <li>• Understand the importance of wearing the correct personal protective equipment (PPE).</li> <li>• Ability to identify and report faults or unsafe conditions which will impede the safe use of abrasive wheels.</li> </ul>	
Course Material:	Course notes and HSE guidance "Safety in the use of abrasive wheels"	
Course Delivery:	At ISIS Training or on site.	
Learner numbers:	On site, <b>minimum 5 maximum 15</b>	
Certificates:	Learners attending the course who can demonstrate a good understanding of the subject will be issued with a certificate of competence.	

## Course Schedule

Course Title	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
<b>Abrasive Wheels</b> 1/2 Day - 9.00am - 12:30pm	✓			✓			✓			✓		
<b>Manual Handling</b> 1/2 Day - 9.00am - 12:30pm		✓			✓			✓			✓	
<b>Mobile Tower/Scaffold</b> 1/2 Day - Times tba	DELIVERED ON SITE											
<b>COSHH - Basic Awareness</b> 1/2 Day - 9.00am - 12:30pm	✓					✓					✓	
<b>Step Ladders &amp; Ladders</b> 1/2 Day - Times tba	DELIVERED ON SITE											
<b>Risk Assessment</b> 1/2 Day - 9.00am - 12:30pm		✓					✓				✓	

Contact us to confirm course dates

If the course **you're** looking for is not listed, give us a **call now** for advice!



## Mobile Tower/Scaffold

Course Title:	Mobile Tower/Scaffold	Duration: 1/2 Day
Description:	The Work at Height Regulations 2005 (as amended) require that the erection of mobile towers should be carried out by, or under the supervision of, a competently trained person. This course is designed for all staff that will erect, inspect or dismantle mobile towers.	
Course Aims:	By the end of the course attendees will have learnt to: <ul style="list-style-type: none"> <li>• Identify the different types of mobile towers.</li> <li>• Be aware of the regulations that affect mobile towers.</li> <li>• Risk assess the task that the mobile tower will be used for.</li> <li>• Demonstrate they can safely construct, move and dismantle a mobile tower.</li> </ul>	
Learner Objectives:	<ul style="list-style-type: none"> <li>• An understanding of mobile tower terminology.</li> <li>• Use of check lists to ensure stability and safety.</li> <li>• Consideration of the environment and conditions regarding the safe use of mobile towers.</li> <li>• The obligations of mobile tower erectors and users.</li> <li>• Responsibilities as imposed by regulations governing the use of mobile towers.</li> </ul>	
Course Material:	Course notes and HSE "The Work at Height Regulations 2005" (as amended) A brief guide.	
Course Delivery:	On site, utilising employer's equipment.	
Learner Numbers:	<b>minimum 5 maximum 15</b>	
Certification:	Learners attending the course who can demonstrate a good understanding of the subject will be awarded a certificate of competence.	



## COSHH Basic Awareness

Course Title:	COSHH Basic Awareness	Duration: 1/2 Day
Description:	This course is for all personnel who use, manage, store or transport dangerous or potentially dangerous substances.	
Course Aims:	By the end of the course attendees will have learnt to: <ul style="list-style-type: none"> <li>• Explain the COSHH regulations.</li> <li>• Identify hazards &amp; risks and research data sheets.</li> <li>• Have a working knowledge of hazard symbols and data sheets.</li> <li>• Be aware of controls including Personal Protective Equipment (PPE).</li> </ul>	
Learner Objectives:	<ul style="list-style-type: none"> <li>• Understand the value and purpose of conducting COSHH assessment.</li> <li>• Prevention and control measures.</li> <li>• Storing and disposing of hazardous substances.</li> <li>• Safe handling techniques.</li> <li>• Ability to identify and classify hazardous substances.</li> </ul>	
Course Material:	Course notes and HSE Working with Substances Hazardous to Health leaflet.	
Course Delivery:	At ISIS Training or on site.	
Learner Numbers:	On site, <b>minimum 5 maximum 15</b>	
Certificates:	Learners attending the course will receive a COSHH awareness certificate.	



## Step Ladders and Ladders

## Risk Assessment

Course Title:	The Safe Use of Step Ladders and Ladders	Duration: 1/2 Day	Course Title:	Risk Assessment	Duration: 1/2 Day
Description:	This course is designed for employers, the self employed and anyone using step ladders and ladders in the course of their work.		Description:	This course is for managers, supervisors, mentors or anyone responsible for assessing Health and Safety risks in the workplace.	
Course Aims:	By the end of the course attendees will have learnt to: <ul style="list-style-type: none"> <li>• Explain The Work at Height Regulations 2005 (as amended).</li> <li>• Select and use equipment in the correct way.</li> <li>• Be aware of their responsibilities within The Work at Height Regulations 2005 (as amended).</li> </ul>		Course Aims:	By the end of the course attendees will have learnt to: <ul style="list-style-type: none"> <li>• Confirm employer responsibilities under the Health and Safety at Work act 1974 and The Management of Health and Safety at Work 1999.</li> <li>• Follow the 5 Step risk assessment process.</li> <li>• Identify and understand risks in the workplace.</li> </ul>	
Learner Objectives:	<ul style="list-style-type: none"> <li>• An understanding of the potential risks when working from steps and ladders.</li> <li>• How to identify defective equipment.</li> <li>• Safe use of step ladders and ladders.</li> <li>• Responsibilities as imposed by regulations governing working at height.</li> </ul>		Learner Objectives:	<ul style="list-style-type: none"> <li>• The ability to identify potential hazards in the workplace.</li> <li>• Use the 5 Step risk assessment process to eliminate or control identified hazards.</li> <li>• To become familiar with the regulations relating to eliminating and controlling risk in the workplace.</li> </ul>	
Course Material:	Course notes and HSE "Safe use of ladders and stepladders" guide.		Course Material:	Course notes and "HSE Five steps to risk assessment leaflet"	
Course Delivery:	At ISIS Training or on site.		Course Delivery:	At ISIS Training or on site.	
Learner Numbers:	On site, <b>minimum 5 maximum 15</b>		Learner numbers:	On-site, <b>minimum 5 maximum 15</b>	
Certificates:	Learners attending the course who can demonstrate a good understanding of the subject will be awarded a certificate of competence.		Certificates:	Learners attending the course who can demonstrate a good understanding of the subject will be awarded a certificate of competence.	